

I Hooke's Law $\Rightarrow F = kx$

F = force exerted by weight
($F = Mg$)

k = Spring constant

x = amt. spring stretches (displacement)



Example: 10 lb weight stretches spring 6 inches
 \uparrow this is a force in imperial sys

$$10 = k(6) \Rightarrow k = \frac{5}{3} \text{ lbs/in} = 20 \text{ lbs/ft}$$

Example: 10 kg weight stretches spring 6 cm
 \uparrow this is a mass in metric sys

$$F = mg = (9.8)(10) = 98 \text{ N.}$$

$$98 = k(6) \Rightarrow k = \frac{49}{3} \text{ N/cm} = \frac{4900}{3} \text{ N/m}$$

 II FREE UNDOAMPED - Motion: $m \frac{d^2x}{dt^2} + kx = 0$

$$\Rightarrow x'' + \frac{k}{m} x = 0 \Rightarrow x'' + \omega^2 x = 0$$

where $\omega^2 = k/m$

Solution:

$$x = C_1 \cos(\omega t) + C_2 \sin(\omega t)$$

$$= C_1 \cos\left(\sqrt{\frac{k}{m}} t\right) + C_2 \sin\left(\sqrt{\frac{k}{m}} t\right)$$

III. Definitions

A. FREQUENCY: cycles per second

$$f = \omega / 2\pi = \sqrt{k/m} / 2\pi$$

B. Period: seconds per cycle. = $1/f$

C. Circular or Natural Frequency = $\omega = \sqrt{k/m}$

IV Example: See Example 1 (183)

V Alternate form of solution

$$y = C_1 \sin(\omega t) + C_2 \cos(\omega t) = A \sin(\omega t + \phi)$$

↗
phase
shift

$$A = (C_1^2 + C_2^2)^{1/2}$$

↙ constant associated w/ cos

$$\phi = \tan^{-1} \left(\frac{C_2 \cos}{C_1 \sin} \right)$$

↖ constant associate w/ sin

Note: If $C_{\sin} < 0$, add 180 (or π) to ϕ

$$\text{i.e. } x = -\sqrt{3} \sin t + \cos t = \boxed{2 \sin(t + 5\pi/6)}$$

$$A = \sqrt{3 + 1} = 2$$

↙ since $C_{\sin} < 0$

$$\phi = \tan^{-1} \left(\frac{-1}{\sqrt{3}} \right) = -\frac{\pi}{6} + \pi = 5\pi/6$$